CLAIMS:

- 1. A frisbee comprising:
- a body formed of material capable of stretching

 5 elastically and converting stored elastic energy therein

 into ballistic kinetic energy when despatched by hand.
 - 2. The frisbee of Claim 1 wherein the body can stretch twice its relaxed length.

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- 3. The frisbee of Claim 1 wherein the body has a Shore A hardness of 10 or less.
- 4. The frisbee of Claim 1 wherein the body is made of soft natural rubber.
 - 5. The frisbee of Claim 1 wherein the body is made of thermoplastic rubber.
- 20 6. The frisbee of Claim 1 wherein the body is made of a gelatinous composition produced by a melt blend of a copolymer and plasticising oil or oils.
- 7. The frisbee of Claim 1 comprising a gripping aperture 25 diacent its periphery.